



ACT Institute
for Recovery-Based Practice



Center for Practice Innovations™
at Columbia Psychiatry
New York State Psychiatric Institute
Building best practices with you.

ACT Institute Upcoming Training September 2018

Register Now

NYS ACT Symposium October 18 & 19

"Together We CAN ACT"

Join Us!



Registration Open Now

[More Info and Registration](#)

Some Exciting Workshop Topics:

- *Healing and the Power of Hip Hop**
- *The Power of Language**
- *There is no “I” in Group, Either: The Art of The Group Process**
- *Evidence-Based Practices & the ACT Program Model**
- *Social Determinants of Mental Health**
- *Better ACT through Data: Improve Quality and Demonstrate the Benefits of Your Work**
- *Partnering for Safety, Abridged Version**
- *Forensic Assertive Community Treatment in New York City**
- *Co-Occurring Disorders and Harm Reduction**
- *Preventing Burnout and Supporting Peers in the Workforce**
- *Conversations that Matter: Promoting Recovery-Oriented Service Provision**
- *Animal Assisted Therapeutic Interventions for Difficult to Engage Clients**



On Thursday night at the Symposium you'll also have a chance to be with colleagues in a relaxed atmosphere of dancing and wellness to music played by DJ LOL. Featuring music from the 70's, 80's, Latin, Contemporary, EDM, House, and Techno sounds. Also, come and celebrate the talent of AVICCI, with a 15 minute music tribute to the late DJ.

Follow the music of DJ LOL @LOL Connections via [SOUNDCLOUD](#), [Spotify](#), [iTunes](#), [Apple](#) and [Facebook](#).



ACT TEAMS

Core Principles & Person-Centered Treatment Planning Training

[*9/13/2018: ACT CORE,LI](#)

[*9/21/2018: ACT CORE, NYC](#)

[*9/21/2018: ACT PCTP, CNY](#)

Trainings are from 10AM to 4:00PM. For training site addresses and to register, please click on the dates above.

Learning Communities

***COMING SOON: TMACT/FASE –Cycle 3**

A NEW Learning Community for NYC ACT team leaders and other interested parties will be starting soon, date TBA. This is a learning community in which we focus on the Self Assessment Tool for ACT fidelity called the TMACT. It is a six month LC. By the end of it you will have learned and completed a self assessment for your team, which you will be able to use as the basis for ongoing quality improvement project with your team.

***Clinical Care Call Focused on Justice-Informed Practice**

Tuesday, 9/18/2018, from 11AM to 11:45AM

Are you working with ACT Participants who are also justice involved? If yes, this call offers an opportunity to talk to other ACT providers across New York State and Drs. Merrill Rotter and David Lowenthal to discuss the unique challenges in providing justice informed treatment. ACT Providers will be invited to present situations with ACT Participants and receive feedback from other ACT providers and the consultants.

If you are working with ACT participants who are also justice involved, this is a good call to attend. Drs. Lowenthal and Rotter will be available to address issues related to working with individuals who recently have been incarcerated, challenges and opportunities around engagement, working with probation and much more. Please bring your questions to the meeting.

***We will not have a call in October but look forward to see you at the ACT Symposium. Dr. Rotter will present a workshop entitled *Justice Involved ACT Participants: Pathways from Criminal Justice to Clinical Care*.**

More Info

***The OUR TURN-TOO Initiative for Traditional New ACT Teams**

This is a start-up training plan for new act teams. The next meeting will take place online on **November 8** from **10:00AM-10:50 AM**. During that meeting we are going to review principles of Recovery, Harm Reduction, and Wellness. The institute will introduce some tools to support teams in developing and promoting a recovery-based narrative.

More Info

***OURTURN – An Online Learning Community for the NYC Shelter ACT Teams**

9/06/2018 is our next OURTURN LC. For more information about this LC, please contact Luis Lopez _ Luis.Lopez@nyspi.columbia.edu

More Info

ACT Team Role-Based Events



ACT TEAM LEADERS

**Team Leader Support Call*

The next call will be on **September 11, 2018** from 2:30PM to 3:30PM.

We will not have a call in October but look forward to seeing you at the ACT Symposium. Here, Pascale Jean-Noel and Nadjete Natchaba will present **How does my Positionality impact my relationship with my supervisees and the connection with our clients?*

[MORE INFO](#)

**ACT Profile Support Call*

The next call TBA

**Please note*

There will be no team leader retreat this year. Instead the NYS ACT Symposium will be held on October 18-19, 2018

We look forward to seeing you and your team at the Symposium!

ACT PRESCRIBERS

Psychiatrist and Nurse Clinical Care Calls

The next call will be held on **9/27/2018** from **10:15 AM- 11:15 AM**. Drs. David Lowenthal and Diane Lanier will lead a discussion on Integrated Primary and Behavioral Health Treatment on ACT Teams.



This call will provide an open forum for ACT prescribers to share role-related successes and challenges, and collaboratively ask and answer questions that arise. This call will be held in the Adobe Room, and joining information will be distributed prior to each call.

***We will not have a call in October but look forward to seeing you at the ACT Symposium. Here, Drs. Leslie Marino and David Lowenthal will present on Medication Assisted Therapy.**

[More Info](#)



NEW: ACT SUBSTANCE USE SPECIALISTS

****SUS Clinical Care Call***

The next call for ACT Substance Use Specialists will be on **9/28/2018 from 10:00AM-11:00PM**. Please join !!

This monthly call for Substance Use Specialists will provide a forum for providers to share their experiences working with individuals in dual recovery from substance use and mental health challenges. The call will feature case presentations and discussion, tool sharing (via the Adobe room), and opportunities to share successes and ask questions. In addition, we will cover pertinent topics including engagement, stage-wise interventions and language.

***We will not have a call in October but look forward to seeing you at the ACT Symposium. Here, Noah Lipton and Elyse Kusse will present Our Best Tool is Ourselves: Engaging People in Dual Recovery.**

[More Info](#)

ACT PEER SPECIALISTS

**ACT: Peer Specialist Support Call*

This call will take place on **9/25/2018** from **11AM to 12PM**. This call time is an open forum for Peer Specialists to ask questions or raise concerns relevant to their role on ACT Teams. Peer Specialists will receive call-in information prior to each call.



***We will not have a call in October but look forward to seeing you at the ACT Symposium. Here, Sascha Altman DuBrul, Luis Lopez and ACT Peer Specialist Angel Serrano will present The Critical Role of Peer Specialists on ACT Teams.**

[More Info](#)

ACT Peer Work Group: The Power of Language

Building on the momentum from our successful ACT Peer Scope of Practice development initiative, we are bringing together a team composed of working peer specialists and recovery leaders from across the state to look at the potential of peer voices and strategies in positively impacting the clinical practice and environment on ACT Teams.

Starting from the understanding that peer workers on ACT Teams are explicitly not clinicians, this work group will review current documentation practices, determine if person center treatment planning is currently occurring on teams, and suggest ways that peer workers might uniquely contribute to writing outside of a traditional clinical framework. By the end of our work group we hope to have solicited new language and perspectives which will help us in developing

guidelines and training strategies to clarify the Peer role for ACT Teams in New York State.

If you are interested in participating in our group please respond directly to this email. Our first call will take place on **Tuesday September 11, 2018 from 11am-12pm**. There will be three, bimonthly calls in the series. For each call we will send you brief reading materials and ask that you come prepared to discuss them.

[More Info](#)



ACT NURSES

**Psychiatrist and Nurse Clinical Care Calls*

The next call will be held
on **9/27/2018** from 10:15 AM- 11:15
AM. Please join !!

This call will provide an open forum for ACT prescribers to share role-related successes and challenges, and collaboratively ask and answer questions that arise. This call will be held in the Adobe Room, and joining information will be distributed prior to each call.

We will not have a call in October but look forward to seeing you at the ACT Symposium. Here, Drs. Leslie Marino and David Lowenthal will present Medication Assisted Therapy.

[More Info](#)

ACT FAMILY SPECIALISTS

Please note that this call has been moved to **September 26th at 3-4PM**. Are you working with ACT participants who are also parents? If so, come to this call and we will talk about the unique opportunities and challenges that parents on ACT teams face.



We will not have a call in October but look forward to seeing you at the ACT Symposium. Here we will have several workshops focus on ACT participants and their families:

- * Parenting with Dignity: A Recovery Oriented Perspective
- *The Power of Community: Mutuality, reciprocity and resiliency as key ingredients in engagement and enhancement of community of care among family and natural supports
- *Social Networks: A means to assess and facilitate community integration

[More Info](#)

ACT Consultations

The ACT Institute provides consultations to support teams in various areas including developing Continuous Quality Improvement (CQI) projects, providing programmatic technical assistance and/or training for teams at your site. Please contact Pascale Jean-Noel to schedule a time to visit your site Pascale.Jean-Noel@nyspi.columbia.edu (*note new email address).

ACT Listserv

The listserv provides a forum for discussion among everyone connected to ACT in New York State. Please encourage your ACT team colleagues to join this listserv. Feel free to forward the newsletter and forward their email addresses to Pascale Jean-Noel at Pascale.Jean-Noel@nyspi.columbia.edu (*note new email address).

www.practiceinnovations.org