ACT INSTITUTE
UPCOMING TRAININGS
FEBRUARY 2016

ACT Core Trainings:

2/12/16. New York City OMH Field Office. 330 Fifth Ave, 9FL, New York, NY 10016. 9:30 AM - 4:00 PM – ACT CORE

2/19/16. Central New York Field Office. 545 Cedar Street Syracuse, NY 13210-2319. 9:30 AM - 4:30 PM - ACT CORE

To register, please click link:  https://rfmh.csod.com/

CQI FOLLOW UP SURVEY

We continue to follow up on the CQI project and are eager to hear about your progress. Additionally, we want to ensure that we are providing effective support to meet your team’s needs throughout the CQI process. Please copy and paste the link below into your internet browser (do not click the link) to answer a few brief questions. The survey should take no more than 5-10 minutes to complete. The information gathered will further assist us in finding ways to support your efforts with your team.

We greatly appreciate your participation.

You can take the survey by copying and pasting the URL below into your internet browser: https://cumc.co1.qualtrics.com/SE?Q_DL=3EFgig07tKLjSoR_7ZZWwkunCT6jihn_MLRP_bmu8SreoU57QWq1&Q_CHL=email

ACT MD Support Calls with Alan Felix, MD

A focus of the ACT Institute is on bolstering the prescriber, whose role is to provide emotional support and treatment to consumers who are on their recovery journey. Dr.
Felix will facilitate discussions with ACT prescribers on the challenges/barriers and best practices of prescribing to consumers who are experiencing substance use disorders and psychiatric illnesses. The next ACT MD Support Call with Alan Felix, MD is on **February 8, 2016, 11AM to 12PM.**

On the last ACT MD Support call, participants discussed

- Motivational interviewing
- Prescribing for addiction
- Treating anxiety disorders
- K2 and intervening with consumers on ACT
- The importance of engaging consumers when they are not easy to find
- Outreach to the family to help with the engagement of consumers
- Thinking about incentives to encourage behavior change—how to understand this from the person’s point
- Different strategies to engage

To join the discussion, please call in on **Monday, February 8, from 11:00AM-12:00PM** at **866-776-3553** and enter **52177374** (Participant code).

**ACT Peer Specialist Support Calls**

We are excited about the great success of our first monthly peer specialist call, which took place on Friday, January 22nd. The call was a productive start to what we are sure will be a meaningful series of such calls.

We discussed the preferred format for future peer calls, and received several excellent ideas for topics of interest. To ensure that all ACT peers have the opportunity to provide feedback, peers are encouraged to complete this brief survey by **February 19th** as we finalize the details of our future calls. Please copy and paste the following link into your internet browser (do not click on link):

https://cumc.co1.qualtrics.com/SE/?SID=SV_7ZZWwkunCT6jihn
The next peer specialist call will take place on Friday, **February 26th at 3:00**, and we look forward to talking more with all ACT peer specialists then.

**To register, please click link:** [Peer Specialist Support Call Registration](#)

Please look for follow up information about these calls. The calls will take place the last Friday of the month from 3PM- 4 PM (03/25, 04/22, 05/27, 06/24 & 07/22).

**ACT Consultation**

The ACT Institute provides consultations to help support teams in various areas including developing CQI projects, programmatic technical assistance and/or training for teams at your site. Please contact Pascale Jean-Noel to schedule a time to visit your site. *(jeannoe@nyspi.columbia.edu)*

**Listserve**

If you’d like to be part of the ACT listserve, please forward your email address to Pascale Jean-Noel at jeannoe@nyspi.columbia.edu.

**PLEASE ENSURE THAT ALL ACT TEAM MEMBERS ARE REGISTERED FOR TRAINING.**

**PLEASE CHECK THE ACT WEBSITE FOR TRAINING REQUIREMENTS.**

Please watch for announcements of future events.

[www.practiceinnovations.org](http://www.practiceinnovations.org)