The ACT Institute is READY for 2016......

The ACT Institute & the Center for Practice Innovations wish you and your families a HAPPY NEW YEAR. We hope that 2016 will bring much joy and happiness.

In 2016 we will continue to support ACT Teams in their efforts to work with ACT consumers towards community integration. ACT is now a time-limited service with the focus of engaging consumers identifying life goals, discovering wellness tools and achieving community integration. Critical to this work is for ACT providers to develop expertise in transition practices, including Linkage, Try-outs and Transfer of Care to informal and formal supports for the consumer in the community.

ACT is one step on the road to recovery!

What’s new in 2016...
The ACT Institute will offer

- Training and support for Team Leaders
- Training on developing expertise in transition practices
- Additional training for Substance Abuse Specialists
- Additional training for all teams working with consumers who also are involved with the criminal justice system
- Support calls for Prescribers & Peer Specialists
- Training and supports with the new Standard of Care, CQI projects, TMACT (ACT fidelity tool) and ACT Profile
- An online training curriculum specific for interns on ACT teams

Watch for announcements and registration information on your email!

Team Leader Retreats
In Fall 2016, the ACT institute will again host two team leader retreats. We look forward to engaging and stimulating conversations.

Consultations/technical assistance and team training
The ACT Institute will continue to provide consultations, technical assistance or training for teams on your site. Please contact Pascale Jean-Noel to schedule a time that we can come to your team.
We look forward to our continued collaboration in the coming year. Please don’t hesitate to contact us with any thoughts or ideas for ways in which we best can support you in providing quality ACT services.

Helle Thorning, Director of the ACT Institute
Pascale Jean-Noel, Director of Training, ACT Institute
Luis Lopez, Implementation Specialist
Emily Grossman, Recovery Specialist and Trainer for OnTrackNY, ACT Institute
Mireille Fauteux – Administrative Coordinator, ACT Institute/CPI

**********

**New Addition to the ACT Institute Staff:**

We are pleased to welcome Emily Grossman, MA, CPRP to work with the ACT Institute & all ACT Teams in NYS. Emily focus will be to work on educational activities and material to enhance the role of Peer Specialists on ACT Teams. Emily came to CPI in 2013. Her primary role has been as the Recovery Specialist and Trainer for OnTrackNY. She has now expanded her role to also include work with ACT. Prior to coming to CPI, Emily Grossman worked with the New York Association of Psychiatric Rehabilitation Services (NYAPRS) as a Training and Technical Assistance Facilitator, where she trained mental health professionals throughout New York City, the boroughs, and Long Island to provide recovery-oriented services. She also has worked in Supported Employment as a Job Coach for the Mental Health Association in New Jersey. Ms. Grossman is the author of two books on recovery, "There and Back Again: A Mental Health Recovery Book by Someone Who Has Lived It," and "There and Back Again, Too: Because Kids and Teens Who Struggle with Their Mental Health Can Get Better, Too." She is the founder of The Dream Team Coaches, LLC, a peer life coaching company. Ms. Grossman received a master’s degree in education from Columbia University, and a bachelor’s degree in English from Rutgers University.
ACT Core Trainings:

1/8/16. New York City OMH Field Office. 330 Fifth Ave, 9FL, New York, NY 10016. 9:30 AM - 4:00 PM – Treatment Planning

1/15/16. Long Island OMH Field Office. 998 Crooked Hill Road, Bldg. 45, W. Brentwood, NY 11717. 9:30 AM - 4:30 PM - Treatment Planning

To register, please click link: https://rfmh.csod.com/

CQI FOLLOW UP SURVEY

We would like to ask you some follow-up questions about how your CQI process has been, and are eager to hear about your progress. Additionally, we want to ensure that we are providing effective support to meet your team's needs throughout the CQI process. Please click on the link below to answer a few brief questions. The survey should take no more than 5-10 minutes to complete. The information gathered will further assist us in finding ways to support your efforts with your team.

We greatly appreciate your participation.

You can take the survey by copying and pasting the URL below into your internet browser: https://cumc.co1.qualtrics.com/SE?Q_DL=3EFgig07tKljsor_R7ZzwkunCT6iijn_MLRP_bmu8Sreou57QWq1&Q_CHL=email

ACT MD Support Calls

The ACT Institute’s focus is to support the prescribers’ role of developing ways of providing support and treatment to consumers who are on their journey towards recovery. The ACT Institute is pleased to announce a series of support calls with Alan Felix, MD for ACT prescribers on:

Monday January 11 from 11:00AM-12:00PM
Monday February 8 from 11:00AM-12:00PM
Monday March 7 from 11:00AM-12:00PM

Dr. Felix will facilitate discussions with ACT prescribers on the challenges/barriers and best practices of prescribing to consumers who are experiencing substance use disorders and psychiatric illnesses.
Alan D. Felix, MD is a graduate of Columbia University's College of Physicians & Surgeons and the psychiatry residency program of the NY State Psychiatric Institute. He worked for sixteen years as a clinical psychiatrist, director, and co-creator of an innovative program for homeless individuals with mental illness, the Critical Time Intervention (CTI) program in the Fort Washington Men's Shelter. He went on to become the medical director of Goddard-Riverside's Project Reachout, serving street homeless on Manhattan’s Upper West Side, and for a while worked on the Goddard-Riverside ACT team. He was medical director of a Columbia University program treating victims of the 9/11 attacks on the World Trade Center, and consultant to the NYC Dept. of Health and Mental Health Street-to-Home outreach programs. Dr. Felix has also provided clinical and research consultation to numerous programs serving homeless families, veterans, and prisoners. He is currently the medical director of the Riverdale Mental Health Association, psychiatrist for the Westchester MHA OnTrackNY program (treating individuals enduring their first psychotic episode), and he has maintained a private practice in psychiatry for 28 years. He has published numerous papers and chapters on homelessness and served on a number of advisory boards and committees concerned with mental health issues in the homeless and prison populations, including Mayor Bloomberg's Task Force to End Homelessness.

ACT Consultation

The ACT Institute provides consultations to help support teams in various areas including developing CQI projects, programmatic technical assistance and/or training for teams at your site. Please contact Pascale Jean-Noel to schedule a time that we can come to your site (jeannoe@nyspi.columbia.edu).

Listserve

If you’d like to be part of the ACT listserve, please forward your email address to Pascale Jean-Noel at jeannoe@nyspi.columbia.edu.

PLEASE ENSURE THAT ALL ACT TEAM MEMBERS ARE REGISTERED FOR TRAINING. PLEASE CHECK THE ACT WEBSITE FOR TRAINING REQUIREMENTS.

Please watch for announcements of future events.

www.practiceinnovations.org