ACT Institute offers training for Team Leaders & Substance Abuse Specialists

In the fall of 2015, Mayor de Blasio introduced a major initiative in New York City entitled NYC Safe, aimed at providing more support to people with behavioral health issues and at risk for violence. In the letter announcing funding for the initiative, Myla Harrison, MD/MPH, Assistant Commissioner, Bureau of Mental Health stated, “While we know that persons with serious mental illness are at a great risk for being victims of violence, we also know that substance use can increase the risk of perpetrating violence by all persons, including those with serious mental illness.” (DOHMH 9.30.2015)
Consequently, NYC DOHMH offered additional funding to ACT teams to hire Master’s level Substance Abuse Specialists to enhance the delivery of recovery-oriented Integrated Dual Disorder Treatment (IDDT) to consumers on ACT.

The ACT Institute, in partnership with the FIT Initiative at the Center for Practice Innovations, is pleased to announce a year-long training program for Substance Abuse Specialists and support services for team leaders. The Center is fully committed to providing assistance to all NYC ACT teams in this effort.

The kickoff for ACT Team leaders will take place on Monday, March 21st, 2016, at the NYSOMH.

The kickoff for ACT Substance Abuse Specialists training will take place on Tuesday, April 5th, 2016, at the New York State Psychiatric Institute.

Please watch for an announcement and registration information.

**ACT Core Trainings:**

3/11/16. **New York City OMH Field Office**. 330 Fifth Ave, 9FL, New York, NY 10016. 9:30 AM - 4:00 PM – **ACT Treatment Planning**

3/18/16. **WNY– Buffalo Psychiatric Center** 400 Forest Ave, Buffalo, NY 14213; 9:30 AM - 4:30 PM- **ACT CORE**

3/18/16. **Long Island Field Office**. 998 Crooked Hill Road, Bldg. 45, 3rd Floor W. Brentwood, NY 11717; 9:30 AM-4:30PM- **ACT CORE**

**To register, please click link:** [https://rfmh.csod.com/](https://rfmh.csod.com/)

**WEBINARS**

**Team Leader Webinar Series:**

March 29, April 12, May 10

The ACT Institute is pleased to announce a 3-part Webinar Series for current and emergent ACT team Leaders. Interprofessional collaboration is a critical component of care integration and coordination and provides unique challenges and opportunities for team
leaders. ACT teams are now transitioning into a managed care environment which presents team leaders with new challenges to enhance the scope of their work with the teams. This webinar series will address supervision skills needed to enhance team functioning within a new health care environment.

March 29, from 11-12 AM

Supervision in a Data-Driven Environment - Nadjete Natchaba, LMSW and Emily Grossman, MA, CPRP

To register, please click link:  https://rfmh.csod.com/

CQI FOLLOW UP SURVEY

We continue to follow up on the CQI project and are eager to hear about your progress. Additionally, we want to ensure that we are providing effective support to meet your team's needs throughout the CQI process. Please copy and paste the link below into your internet browser (do not click the link) to answer a few brief questions. The survey should take no more than 5-10 minutes to complete. The information gathered will further assist us in finding ways to support your efforts with your team.

We greatly appreciate your participation.

You can take the survey by copying and pasting the URL below into your internet browser: https://cumc.co1.qualtrics.com/SE?Q_DL=3EFgig07tKLJS0R_7ZZWwkunCT6ijhn_MLRP_bmu8SreoU57QWq1&Q_CHL=email

ACT MD Support Calls with Alan Felix, MD

A focus of the ACT Institute is on bolstering the prescriber, whose role is to provide emotional support and treatment to consumers who are on their recovery journey. Dr. Felix will facilitate discussions with ACT prescribers on the challenges/barriers and best practices of prescribing to consumers who are experiencing substance use disorders and psychiatric illnesses. The next ACT MD Support Call with Alan Felix, MD is on March 7, 2016, 11AM to 12PM.
On the last ACT MD Support call, participants discussed:

- Using medication to treat addiction
- ACT Teams’ concern about alcohol abuse, crack abuse and psychosis and especially K-2 abuse, as labs don’t screen the latter drug well
- Thinking about incentives to encourage behavior change– how to understand this from the person’s point
- Different strategies to engage consumers

To join the discussion, please call in on **Monday, March 7, from 11:00AM-12:00PM** at **866-776-3553** and enter **52177374** (Participant code).

---

**ACT Peer Support Call**

We are excited for our **third Peer Support Call**... During our introductory call in January, collaborative planning helped to establish the direction of future calls. Based on that feedback, the second call, at the end of February, addressed the issue of authentic disclosure in the peer role, with engaging discussions about the opportunities and challenges that often arise in navigating the peer role. A shared concern raised was the need for greater awareness and clarity when defining the role of a peer. This topic was one that participants were eager to consider further through a conversation on the significance of boundaries.

We are ready to talk more about this at our upcoming peer call on **March 25th at 3:00**, and we look forward to having you join us then!

**Please note that this meeting requires pre-registration.** Please follow these steps:

1. Click on the link below
2. Enter your username and password for the Learning Community
3. Ignore the “Assign” button and scroll down to session #1085.
4. Click on "Request" which is located under "Actions" on the right

To pre-register for this event, please click [here](#)
Presenter Information:

Luis O. Lopez, MS, is an Implementation Specialist and trainer at the Center for Practice Innovations, at Columbia Psychiatry. He has been involved in the implementation and application of evidence-based practices since 2003. He has facilitated educational sessions on ethics, trauma-informed care, motivational interviewing, integrated treatment, family psycho-education, cultural competency, Stages of Change, harm reduction, WRAP, CBT, and Wellness Self-Management. He has presented in over 60 conferences. The calls will take place the last Friday of the month from 3PM- 4 PM (4/22, 5/27, 6/24 & 7/22).

ACT Consultation

The ACT Institute provides consultations to help support teams in various areas including developing CQI projects, programmatic technical assistance and/or training for teams at your site. Please contact Pascale Jean-Noel to schedule a time to visit your site. (jeannoe@nyspi.columbia.edu). The ACT Institute has two additional social work interns with extensive knowledge of the TMACT who can provide onsite support with using the TMACT to assess your team.

Listserve

If you’d like to be part of the ACT listserve, please forward your email address to Pascale Jean-Noel at jeannoe@nyspi.columbia.edu.

Please watch for announcements of future events.

www.practiceinnovations.org