Performance Indicator #6: WSM Group Facilitator Ratings:

Rating Guidelines: To answer the questions accurately, you may want to meet individually with the participant. Place numbers in the corresponding boxes for each member of the WSM group across two (2) points of time: lesson 34 and the end.

<table>
<thead>
<tr>
<th>Agency</th>
<th>Program</th>
<th>Group Leader(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date Group Began</td>
<td>Group Name</td>
<td></td>
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<table>
<thead>
<tr>
<th>Group Member Number</th>
<th>Group Member Initials</th>
<th>1st Ratings at midpoint (lesson 34)</th>
<th>2nd Ratings at completion of WSM program</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Date 1st Rating Completed</td>
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1) Lessons Completed: Please indicate the number of lessons completed by each member of the group for two time-points (Lesson 34 and lesson 57). This is the total number completed since the group began and include all lessons completed during the group session, as well as lessons completed in individual meetings.

2) Participation
1 = Infrequent participation in group discussion even when prompted
2 = Usually participates only when prompted
3 = Often participates without prompting
4 = Very active participation throughout group discussion

3) Action Steps: the person completed Action Steps for:
1 = less than 25% of the lessons he/she completed
2 = 26-50% of the lessons he/she completed
3 = 51-75% of the lessons he/she completed
4 = 76-100% of the lessons he/she completed

4) Involvement of Others: Indicate the extent to which each consumer involved other people (e.g., family/friends/peers) in getting the most out if the WSM program.
1 = No involvement
2 = Low level of involvement (discuss few of the lessons with others)
3 = Moderate level of involvement (e.g. discuss many lessons with others, received support such as help with reading some lessons)
4 = High level of involvement (discuss most lessons and received help with reading and completing action steps; others met with group leader to discuss their involvement)

5) Health Check-Up: How many times did the person visit a physical healthcare professional (e.g., doctor, dentist, nurse, optometrist) in the past 6 months?
0 = never
1 = once
2 = twice
3 = three or more times

6) Goal Progress
1 = Person is doing worse in many of their goal areas
2 = Little or no progress made in any goal area
3 = Significant progress made in one or more goal areas
4 = Achieved one or more goals